

## CRITERION 1 – CURRICULAR ASPECTS

**KEY INDICATOR: 1.3 Curriculum Enrichment** 

Metric Number: 1.3.1 Institution integrates crosscutting issues relevant to professional Ethics, Gender Human Values, Environment and Sustainability in transacting the curriculum

# **List of Programs conducted**

**Academic Year 2021-22** 

Sl No.	Name of the Activity Chief Guest		Date
1	Yoga Activity For Women	Mrs. Sunita Kumari	21/06/2021
2	Self-Management	Dr. Sowmya	08/07/2021
3	Seminar On Women's Health	Dr. Vagdevi	26 /11/2021
	And Wellness		
4	International Women's Day		08/03/2022



Ref.No.CEC/IQAC/C7/ACY2021-2022/OR/01

## **CIRCULAR**

**Subject: Regarding Yoga Activity for Women** 

This is to inform you all the students, teaching and non-teaching staff that "**Yoga Activity for Women**" will be organized in our college campus on 21<sup>st</sup> June 2021 in association with Women's Cell Department from 9:30 AM onwards.



Date: 15-06-2021

Dr. Thippeswamy H.N

**Principal** 





# We cordially invite you to join us for Yoga Day

Chief Guest
Mrs. Sunita Kumari
Yoga teacher, Bihar school of Yoga.

Date: 21-6-2021

Time: 9:00 Am

**VENUE:-CSE SEMINAR HALL** 

Mr. Gopikishan Coordinator Dr.Tippeswamy HN
Principal

Management, Staff and Faculty Members of City Engineering College



# Academic Year 2021-22

# Report

On

YOGA ACTIVITY FOR WOMEN

Date - 21/06/2021



# Report on Yoga Activity for women

Yoga is a mental, physical and spiritual practice that needs to be carried every day. Yoga has been conducted under guidance of Mrs. Sunita Kumari a certified Yoga teacher from Bihar school of Yoga. Session has been conducted for women on **June 21<sup>st</sup> 2021** with COVID-19 Rules and Regulation given by the State Government. A lecture on health tips and awareness was presented by Yoga Teacher. Later on, Health Awareness Program me was followed by Yoga and Meditation by the sameteam. They explained about the benefits of Yoga and Meditation and how it can help the students in managing stress related problems and also taught them many exercises. All the students participated very actively.

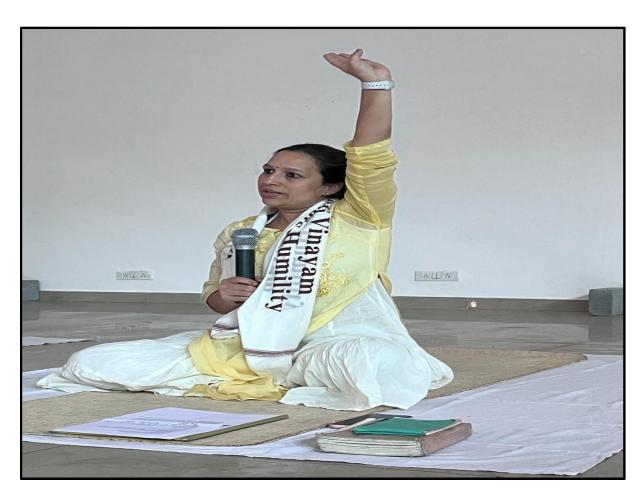






FIG 1. Glimplses of Yoga day for women



# Student Attendance list for "Yoga Activity for Women" 2021-2022

Sl.No	USN	NAME	SIGNATURE
1	1CE21AI003	AKSHATHA S R	a hoshatha.
2	1CE21AI006	DARSHINI R	dhazashini . R
3	1CE21AI008	DIVYA M	D. W. O. W.
4	1CE21AI022	YASHASWI S	Valhalu. S
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6	1CE21CS014	ASHWINI C	Ach wini
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8	1CE21CS023	BHAVANI N	W. inevedd
9	1CE21CS024	CHANDRALEKHA S	Chandraletha
10	1CE20CS007	AISHWARYA	Airthnarye
11	1CE20CS010	AMULYA Y R	Anama HAR
12	1CE20CS012	ANANYA B C	Ananya. B.C
13	1CE20CS028	DEEPTHI S	deepthice
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20	1CE19CS069	RAKSHITHA C R	Raynshotha
21	1CE19CS075	SAHANA GOPALKRISHNA	Sahana he
22	1CE19CS054	MONIKA J	mount
23	1CE19CS077	SALFIYA MUSKAN	3 mws san
24	1CE19CS089	SUMAN S	Suman



Date: 02-07-2021

To

The Principal
City Engineering College Bangalore

Sub: Regarding Permission to conduct seminar on self-management

## Respected Sir,

We would like to conduct a seminar on self-management at CSE Seminar Hall on 8<sup>th</sup> July 2021 whichhelps the student to have an understanding on the concept of self-management.

So, I request you to permit us to conduct this program. Kindly do the needful.

Yours Sincerely

Dr. Jyothi P Coordinator/HOD



Ref. No. CEC/IQAC/C7/ACY 2021-2022/OR/02

## **CIRCULAR**

This is to inform all students, teaching, and non-teaching staff that Seminar on "self-Management by Dr. Sowmya" will be organized on 08.07.2021. at 10:00 am in CSE seminar hall.

All are cordially invited

PRINCIPAL
CITY ENGINEERING COLLEGE
Kanakapura Main Rood, BANGALORE - 560 961

Date: 05-07-2021

Dr.Thippeswamy H.N

**Principal** 





DODDAKALLASANDRA,KANAKAPURA ROAD BANGLORE-560062

We cordially invite you to join us for Seminar on Self-Management By

Dr. Sowmya
Professor, Department of CSE
City Engineering College

Date: 08-7-2021

Time: 10:00 Am

**VENUE:-CSE SEMINAR HALL** 

Dr.Tippeswamy HN
Principal

Management, Staff and Faculty Members of City Engineering College



# Academic Year -2021-2022

Report

On

**Self-Management** 

Date-08.07.2021



## **Report on Self-Management**

The Seminar was held on SELF MANAGEMENT on 8<sup>th</sup> July by Dr. Sowmya. Self-management is a fundamental skill that empowers individuals to control their actions, emotions, and decisions effectively. it plays a crucial role in personal development, professional success, and overall well-being. This report aims to explore the concept of self-management, provide practical strategies for its implementation, and highlight its benefits in various aspects of life. Self-management is a critical skill enabling individuals to control actions, emotions, and behaviors effectively. This report explores its importance and provides practical strategies for implementation.



FIG 1. Session addressed by Dr. Sowmya



Objectives:
☐ To <b>Clarify Concepts:</b> Define self-management and its relevance in personal and professional contexts.
☐ To <b>Provide Strategies:</b> Offer actionable techniques like goal setting and time management for improving self-management skills.
☐ To <b>Highlight Benefits:</b> Illustrate how effective self-management enhances productivity, decision-making, and stress management.

☐ To **Offer Practical Guidance:** Provide steps for individuals to implement self-

#### **Outcomes:**

management strategies in daily life.

The outcomes of this self-management initiative were significant. By adopting structured planning techniques, prioritizing tasks, and utilizing time management tools, there was a noticeable increase in productivity and efficiency. Additionally, the ability to maintain motivation and manage stress improved, leading to a more balanced and fulfilling lifestyle.

Dr.Thippeswamy H.N

CITY ENGINEERING COLLEGE Kanakapura Main Road, BANGALORE - 560 061

**Principal** 



## Student Attendance list for "Yoga Activity for Women" 2021-2022

SI.No	USN	NAME	SIGNATURE
1	1CE21AI003	AKSHATHA S R	A Washatha .
2	1CE21AI006	DARSHINI R	dhazashini . R
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21	1CE19CS075	SAHANA GOPALKRISHNA	Sabara le
22	1CE19CS054	MONIKA J	mount
23	ICE19CS077	SALFIYA MUSKAN	2 mws san
24	1CE19CS089	SUMAN S	Suman



on Self-Management

Date: 08.07.2021

#### Feedback Form

Please provide us with your feedback by completing this questionnaire.

Presenter Evaluation Please rate the presenter on the following scale (1: Poor, 2: Fair, 3: Good, 4: Very good, 5: Excellent) by encircling an option below.

1.	How would you rate the overall quality of the activity on a scale of poor to excellent?	1	2	3	4	5
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Any additional comments you wish to share?

Name: MONIJQ J USN: 1 (G1905054

Signature



on Self-Management

Date: 08.07.2021

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2.	How would you rate the clarity of the instructions given during the activity?	1	2	3	4	-5
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4.	On a scale of poor to excellent, how would you rate the relevance of this activity to your studies and future career?	1	2	3	4	5-

Any additional comments you wish to share?

Name: AKSLitha S

USN: 1CE21CSOOG

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on Self-Management

Date: 08.07.2021

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3.	How well do you feel the activity achieved its objective of exploring	1	2	3	4	5
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Any additional comments you wish to share?

Name: Dayshan G

USN: 10618(3014

Drown



Date: 01-02-2022

To

The Principal
City Engineering College
Bangalore

Sub: Regarding Permission to conduct seminar on Promoting Women's Empowerment in the Workplace

Respected Sir,

We would like to conduct a seminar on Promoting Women's Empowerment in the Workplace at CSE Seminar Hall on 3<sup>rd</sup> FEB 2022 which helps the student to have an understanding on the concept of Women's Empowerment.

So, I request you to permit us to conduct this program. Kindly do the needful.

Yours Sincerely

Dr.Jyothi P

Coordinator / HOD



Date: 02-02-2022

Ref.No CEC/IQAC/C7/ACY2021-2022/OR/07

## **CIRCULAR**

This is to inform all students, teaching, and non-teaching staff that Seminar on Promoting Women's Empowerment in the Workplace by Dr. Ambika will be organized on 03.02.2022. at 10:30 am in CSE seminar hall.

All are cordially invited



Dr. Thippeswamy H N

**Principal** 





## CITY ENGINEERING COLLEGE

DODDAKALLASANDRA,KANAKAPURA ROAD BANGLORE-560062

We cordially invite you to join us for the program of

## **Promoting Women Empowerment**

By

Mrs. Ambika

Assistant Professor, CSE Department City Engineering College



Date: 03-02-2022

Time: 10:30 AM

VENUE:-CSE AUDITORIUM

Dr.Thippeswamy H N
Principal

Management, Staff and Faculty Members of City Engineering College



# Academic Year -2021-2022

# Report

On

Promoting Women Empowerment in the Workplace

Date-03.02.2022



## Report on Promoting Women Empowerment in the workplace

The Seminar was held on Promoting Women's Empowerment in the Workplace on 3rd February 2022 by Mrs. Ambika. In today's rapidly evolving corporate landscape, the significance of women's empowerment cannot be overstated. It is not merely a moral imperative but a strategic business decision that fosters innovation, enhances productivity, and drives economic growth. Despite the progress made, gender disparities persist in many workplaces, necessitating concerted efforts to bridge the gap. This seminar aimed to explore the multifaceted dimensions of women's empowerment in the workplace, share best practices, and chart a path forward for our organization.



FIG.1 Session by Mrs. Ambika

#### **Objectives:**

The primary objective of this seminar was to create a platform for dialogue and learning on women's empowerment. Specifically, the seminar aimed to:

- Raise awareness about the current status of gender equality in the workplace.
- Identify barriers to women's advancement and leadership roles.
- Share strategies and best practices for promoting gender diversity and inclusion.
- Develop actionable recommendations for our organization to foster an environment that empowers women.

#### Outcome

The seminar on promoting women's empowerment in the workplace yielded fruitful outcomes. It successfully raised awareness about the existing gender disparities and identified significant barriers such as unconscious bias, lack of mentorship opportunities, and insufficient policies supporting work-life balance. Through shared experiences and best practices from various organizations, attendees gained valuable insights into effective strategies for fostering gender diversity and inclusion. The seminar concluded with a set of tailored recommendations for our organization, including the development of a comprehensive diversity and inclusion policy, implementation of unconscious bias training, establishment of mentorship and sponsorship programs, review and enhancement of work-life balance policies, and creation of a women's network to support and facilitate the success of female employees. These actionable steps are pivotal in our journey towards achieving gender equality and creating a more inclusive workplace.

PRINCIPAL
CITY ENGINEERING COLLEGE
Kanakapura Main Road, BANGALORE - 500 061

Dr.Thippeswamy H N

**Principal** 



Student Attendance list for "Promoting Women's Empowerment in the Workplace" 2021-2022

Sl.No	USN	he Workplace" 2021-2022 NAME	SIGNATURE
1	1CE21EC011	KRISHNAVENI L	(Nontreel.
2	1CE21EC013	NIVEDITHA P M	New Pry
3	1CE21EC015	SINDHU S	Somus
4	1CE21EC016	SOUNDARYA P GANAPA	Genal
5	1CE22EC402	KEERTHI V M	(Keerth
6	1CE22EC407	SUBIKSHA J IYER	Suhm Jy
7	1CE22EC408	VARSHINI R	vandr
8	1CE21IS008	KANAKALAKSHMI	Labour
9	1CE211S009	KAVANA U	(Korse ser
10	1CE20CS051	MONIKA G	monla
11	1CE20CS052	N ARSHIYA ALMAS	DARen
12	1CE20CS053	NAMRATA PALAKI	Newful
13	1CE21CS006	AKSHITHA S	AkiblAS
14	1CE21CS007	AMULYA V MURTHY	Amiduy.
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17	1CE22CS027	ВНАСУАЈУОТНІ	Barin
18	1CE22CS028	BHAVANI M	wither v
19	1CE22CS029	BHUVANA N	Bhron W
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22	1CE22CS032	CHANDANA S	(Clust
23	1CE21AI017	SYED ARHAN	Sunth
24	1CE21AI018	SYED INSAF MEHDI	Smeler



On

Promoting Women Empowerment

Date: 03.02.2022

#### Feedback Form

Please provide us with your feedback by completing this questionnaire.

Presenter Evaluation Please rate the presenter on the following scale (1: Poor, 2: Fair, 3: Good, 4: Very good, 5: Excellent) by encircling an option below.

1.	How would you rate the overall quality of the activity on a scale of poor to excellent?	1	2	3	4	5
2.	How would you rate the clarity of the instructions given during the					
	activity?	1	2	3	4	5
3.	How well do you feel the activity achieved its objective of exploring	1	2	3	4	5
4.	On a scale of poor to excellent have				/	
	On a scale of poor to excellent, how would you rate the relevance of this activity to your studies and future career?	1	2	3	4	5
	The state of the s					/

Any additional comments you wish to share?

Name: AliHi B USN: 1C & 20 (3005-



On

Date: 03.02.2022

## Feedback Form

Please provide us with your feedback by completing this questionnaire.

Presenter Evaluation Please rate the presenter on the following scale (1: Poor, 2: Fair,

3: Good, 4: Very good, 5: Excellent) by encircling an option below.

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4.	On a scale of poor to excellent, how would you rate the relevance of this activity to your studies and future career?	1	2	3	4	5
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Any additional comments you wish to share?

Name: Alghwaygg HS USN: 1CE18(3005



Date: 04-03-2022

To

The Principal City Engineering College Bangalore

Sub: Regarding Permission to Conduct Program on Women's Day

## Respected Sir,

We would like to organize and celebrate a program about International Women's Day in our college. We propose to conduct this event on 8<sup>th</sup> MARCH 2022 in the college premises.

So, I request you to permit us to conduct this program. Kindly do the needful.

Yours Sincerely

Dr.Jyothi.P

Coordinator / HOD



Date: 06-03-2022

Ref.No CEC/IQAC/C7/ACY2021-2022/OR/08

## **CIRCULAR**

This is to inform all students, teaching, and non-teaching staff that our college will be celebrating International Women's Day on 8<sup>TH</sup> MARCH 2022. This day, celebrated globally on 8th March, honors the social, economic, cultural, and political achievements of women and calls for action to accelerate gender parity.

All are cordially invited

PRINCIPAL
CITY ENGINEERING COLLEGE
Kanakapura Main Road, BANGALORE - 560 061

Dr.Thippeswamy H N
Principal







# Academic Year -2021-2022

Report

on

**International Women's Day** 

Date-08.03.2022



## Report on International Women's Day

CITY ENGINEERING COLLEGE organized Women's Day on 8<sup>th</sup> March 2022 in CSE Seminar Hall. Dr. Thippeswamy, Principal welcomed all lady staff members of City Engineering College and he addressed women staff in connection with International Women's Day. He explained about the theme of the day 'Gender equality Today for a sustainable tomorrow' and wished everyone for bright future. Administrative Officer Mr. Sathish Hande addressed women group of CEC and explained about the Acts related to women and conducted quiz to the women group.

Dr. Vagdevi spoke about the importance of women's day and greeted them on special day. Cultural activities organized on the special day. All the ladies greeted each other and Principal distributed sweets to women staff members.







Fig 1: Glimpses of women's day



Dr. Thippeswamy H N

Principal



Sl.No	USN	NAME	SIGNATURE
1	1CE21AI003	AKSHATHA S R	1 Washatha &
2	1CE21A1006	DARSHINI R	dhagashini ot
3	1CE21A1008	DIVYA M	Divon.N
4	1CE21AI022	YASHASWI S	Varbaro S
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7	1CE21CS015	ASHWINI S	Ashurinis
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22	1CE19CS054	MONIKA J	maini
23	1CE19CS077	SALFIYA MUSKAN	2 mustean
24	1CE19CS089	SUMAN S	Suman



On

INTERNATIONAL

Date: 08.03.2022

## Feedback Form

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Presenter Evaluation Please rate the presenter on the following scale (1: Poor, 2: Fair, 3: Good, 4: Very good, 5: Excellent) by encircling an option below.

1.	How would you rate the overall quality of the activity on a scale of poor to excellent?	1	2	3	4	5
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3.	How well do you feel the activity achieved its objective of exploring	1	2	3	4	5
4.	On a scale of poor to excellent, how would you rate the relevance	1	2	3	4	5
_	of this activity to your studies and future career?					_

Any additional comments you wish to share?

Name: Anjaneya V USN: ((£19(\$00)

Morya Signature



On

INTERNATIONAL

Date: 08.03.2022

#### Feedback Form

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2.					-	
	How would you rate the clarity of the instructions given during the activity?	1	2	3	4	5
3.	How well do you feel the activity achieved its objective of exploring	1	2	3	4	5
4.	On a scale of poor to excellent, how would you rate the relevance of this activity to your studies and future career?	1	2	3	1	5
				3	-4	

Any additional comments you wish to share?

Name: Adithi B

USN: 1 ( £ 20 ( \$ 005

-Aditli



On

INTERNATIONAL WOMEN'S DAY

Date: 08.03.2022

## Feedback Form

Please provide us with your feedback by completing this questionnaire.

Presenter Evaluation Please rate the presenter on the following scale (1: Poor, 2: Fair, 3: Good, 4: Very good, 5: Excellent) by encircling an option below.

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Any additional comments you wish to share?

Name: Anuska

USN: Anusto (CE18(Song

Signature