



CRITERION 7: INSTITUTIONAL VALUES AND BEST PRACTICES

Key Indicator 7.1 Institutional values and social responsibility

Metrics No: 7.1.4 Describe the institutional efforts/initiatives in providing an inclusive environment i.e tolerance & harmony towards cultural, regional, linguistic, communal socioeconomic diversity and sensitization of students and employees to the constitutional obligations: values, rights, duties and responsibilities of citizens.

Assessment Year	2020-21
Number of Activities	07



SI No.	Name of the Activity	Chief Guest	Date
1	Seminar on Harmony and Ethical Human Conduct	Dr.Jyothi.P	07/08/2020
2	Pranayama Shibira	Mr.Ashok Bautkar	12/11/2020
3	Online Induction and Orientation	Dr.Ramamurthy V S	21/12/2020 to 26/12/2020
4	Health Check-up	NSS	22/02/2021
5	Holistic Human Health	Mr.Mahesh	05/05/2021
6	Yoga Activity for Women	Mr.Rangaswamy	28/05/2021
7	World Environmental Day	Dr.Ramamurthy V S	05/06/2021



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Ref. No: CEC/IQAC/C7/ACY2020-21/OR/01

Date: 31/07/2020

CIRCULAR

Subject: Seminar on Harmony and Ethical Human Conduct.

Dear Students and Faculty, we are pleased to announce that a seminar on "**Harmony and Ethical Human Conduct**" will be conducted by Dr. Jyothi P on the 7th of August, 2020 at 11 p.m. This seminar aims to promote an understanding of ethical principles and harmonious living in both personal and professional spheres.

Dr. Jyothi P

Coordinator

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



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CITY ENGINEERING COLLEGE

Doddakallasandra, Off Kanakapura Main Road,
Next to Gokulam Apartment, Bangalore - 560 062



PROMOTING HARMONY AND ETHICS TOGETHER

Creating a Better World Through Ethical Human Conduct
and Harmony

Join us in promoting harmony and ethics, fostering a more compassionate and
just society for all.

Coordinator : Dr. Jyothi P
HOD, Mathematics
CEC- Bangalore-62

Principal: Dr. Ramamurthy V S

Venue:
CEC ADMIN BLOCK
Auditorium
On 07/08/2020
@ 11 p.m

Ramamurthy

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



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Academic Year 2020-21

Report

On

Harmony and Ethical Human Conduct

Date: 07/08/2020



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Report On Harmony and Ethical Human Conduct

The seminar on "Understanding Harmony and Ethical Human Conduct", led by Dr. Jyothi P., was held at CITY ENGINEERING COLLEGE Auditorium on 07/08/2020 at 11 p.m. This seminar aimed to enlighten students and faculty about the significance of harmony and ethics in personal and professional life.

Dr. Jyothi P. started the seminar by defining the concepts of harmony and ethics. Harmony was described as a state of being in which individuals coexist peacefully and productively, both within themselves and with others. Ethical human conduct was defined as behavior that aligns with moral principles, contributing positively to society.

Dr. Jyothi P emphasized the need for internal harmony, which includes mental, emotional, and spiritual balance. Discussed how external harmony, involving harmonious relationships with family, friends, and colleagues, enhances quality of life.

The seminar outlined core ethical principles such as honesty, integrity, fairness, and respect. Dr. Jyothi P provided real-life examples and case studies to illustrate ethical dilemmas and the impact of ethical decision-making. And also addressed the importance of academic integrity, including issues like plagiarism and cheating. Highlighted the role of students and faculty in fostering an ethical academic culture.

Techniques for self-reflection and self-awareness to maintain personal harmony. Practical steps for creating an ethical environment, such as clear communication, setting boundaries, and leading by example.

Dr. Jyothi P. concluded the seminar by reiterating the importance of harmony and ethical conduct. She encouraged attendees to practice these principles diligently and to become ambassadors of these values in their respective communities.



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Fig 1: A Session On Harmony and Ethical Human Conduct by Dr. Jyothi P

Ramamurthy

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



**Attendance List of Students for
Seminar on Harmony and Ethical Human Conduct – 2020-21**

DATE: 07/08/2020

Sl.No	USN	NAME	DEPARTMENT	SIGNATURE
1.	1CE17CV030	SHAKUNTHALA C M	CIVIL	Shankunthala.
2.	1CE19CV001	APOORVA C	CIVIL	Apoorva c.
3.	1CE19CV003	RAVITEJA S	CIVIL	Raviteja
4.	1CE19CV004	VEENA G	CIVIL	Veena
5.	1CE20CV400	RAJASHEKAR PRASAD V	CIVIL	Rajashet
6.	1CE19CS001	AAKASH T E	CSE	Aakash
7.	1CE19CS002	ACHYUTH MAHESH HEGDE	CSE	Achyuth
8.	1CE19CS003	AFRID PASHA H P	CSE	Afrid Pasha H P
9.	1CE19CS004	AISHWARYA B M	CSE	Aishwarya
10.	1CE19CS005	AISHWARYA C	CSE	Aishwarya
11.	1CE19CS006	AMIR REHAN	CSE	Amir
12.	1CE19CS007	AMITH SINGH M	CSE	Amith
13.	1CE19CS008	ANANYA BHOMBORE	CSE	Ananya
14.	1CE19CS009	APOORVA R SHET	CSE	Apoorva R
15.	1CE19CS010	ARSHAD ULLA Z	CSE	Arshad
16.	1CE19CS011	ARTEE KUMARI R	CSE	Artee
17.	1CE19CS021	CHARANSIMHA D	CSE	Charan S.D.
18.	1CE19CS022	CHETAN S	CSE	Chetan
19.	1CE19CS023	CHETHAN R	CSE	Chethan R
20.	1CE19CS024	CHETHANRAJ H	CSE	Chethan
21.	1CE19CS025	CHIRANJEEVI V	CSE	Chiranjeevi
22.	1CE19CS026	DARSHAN K	CSE	Darshan



Sl.No	USN	NAME	DEPARTMENT	SIGNATURE
23.	1CE19CS027	DEEPAK JADON	CSE	Deepak
24.	1CE19CS071	RATNADEEP ANIL MORE	CSE	Ratna
25.	1CE19CS072	ROHIT GEHLOT	CSE	Rohit
26.	1CE19CS073	SACHIN H M	CSE	Sachin
27.	1CE19CS074	SAGAR T R	CSE	Sagar
28.	1CE19CS075	SAHANA GOPALKRISHNA HEBBAR	CSE	Sahana
29.	1CE19CS076	SAIMA SHEIK	CSE	Saima
30.	1CE19CS077	SALFIYA MUSKAN	CSE	Salfiya
31.	1CE18CS046	NAMRATHA S	CSE	Namratha
32.	1CE18CS047	NASREEN FATHIMA	CSE	Nasreen
33.	1CE18CS048	NETHRA SHREE C	CSE	Nethra
34.	1CE18CS049	NIHARIKA M	CSE	Niharika
35.	1CE18CS050	NIKHIL U	CSE	Nikhil
36.	1CE18CS052	NISCHITHA A YADAV	CSE	Nischitha A
37.	1CE18CS053	NISHKARSH KUMAR GANJHOO	CSE	N.R.G
38.	1CE18CS054	NITHISHGUNDAPPA M S	CSE	Nithish M.S
39.	1CE18CS055	PARVEEN TAJ	CSE	Parveen
40.	1CE18EC004	ANKIT KUMAR	ECE	Ankit
41.	1CE18EC013	NOOR FATHIMA AFSAR	ECE	Noor
42.	1CE18EC020	SHREYAS H C	ECE	Shreyas H.C
43.	1CE16EC017	KAUSHIK A	ECE	Kaushik



Feedback Form

On

Harmony & Ethical Human Conduct

Please provide us with your feedback by completing this questionnaire.

1. What does ethical human conduct mean to you?
 - a. Adhering to moral principles
 - b. Acting with integrity
 - c. Treating others fairly
 - d. All of the above

2. Have you ever faced a situation where you had to choose between harmony and ethical conduct?
 - a. Yes
 - b. No

3. What steps can be taken to improve harmony in your community or workplace? (Select all that apply)
 - a. Better communication
 - b. Conflict resolution training
 - c. Team-building activities
 - d. Clearer guidelines and policies
 - e. Others (please specify): _____

4. How can individuals be encouraged to uphold ethical human conduct? (Select all that apply)
 - a. Recognition and rewards
 - b. Ethical training programs
 - c. Leading by example
 - d. Creating a supportive environment
 - e. Others (please specify): _____

Any additional comments you wish to share?

Name: *AAYUSHA KUMARI*
USN: *ICE20IS001*

AK
Signature with Date



Feedback Form

On

Harmony & Ethical Human Conduct

Please provide us with your feedback by completing this questionnaire.

1. What does ethical human conduct mean to you?
 - a. Adhering to moral principles
 - b. Acting with integrity
 - c. Treating others fairly
 - d. All of the above

2. Have you ever faced a situation where you had to choose between harmony and ethical conduct?
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 - b. No

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 - a. Better communication
 - b. Conflict resolution training
 - c. Team-building activities
 - d. Clearer guidelines and policies
 - e. Others (please specify): _____

4. How can individuals be encouraged to uphold ethical human conduct? (Select all that apply)
 - a. Recognition and rewards
 - b. Ethical training programs
 - c. Leading by example
 - d. Creating a supportive environment
 - e. Others (please specify): _____

Any additional comments you wish to share?

Name: Chetan S

USN: 1CE19CS022

Chetan 07/08/20
Signature with Date



Feedback Form

On

Harmony & Ethical Human Conduct

Please provide us with your feedback by completing this questionnaire.

1. What does ethical human conduct mean to you?
 - a. Adhering to moral principles
 - b. Acting with integrity
 - c. Treating others fairly
 - d. All of the above

2. Have you ever faced a situation where you had to choose between harmony and ethical conduct?
 - a. Yes
 - b. No

3. What steps can be taken to improve harmony in your community or workplace? (Select all that apply)
 - a. Better communication
 - b. Conflict resolution training
 - c. Team-building activities
 - d. Clearer guidelines and policies
 - e. Others (please specify): _____

4. How can individuals be encouraged to uphold ethical human conduct? (Select all that apply)
 - a. Recognition and rewards
 - b. Ethical training programs
 - c. Leading by example
 - d. Creating a supportive environment
 - e. Others (please specify): _____

Any additional comments you wish to share?

Name: *Amia Rehan*
USN: *1CE19CS006*

Amia 07/8/20
Signature with Date



CITY
ENGINEERING COLLEGE

Ref. No: CEC/IQAC/C7/ACY2020-21/OR/02

Date: 10/11/2020

CIRCULAR

Subject: Pranayama Shibira for Faculty.

Dear Faculty Members, we are pleased to announce a special wellness program, **Pranayama Shibira**, exclusively for the faculty at CSE Seminar Hall on 12/11/2020 at 8:45 am. This initiative aims to promote holistic well-being, stress management, and enhance overall health through yoga and meditation practices.

Mr. Ramesh
Coordinator

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S
Principal



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Doddakallasandra, Off Kanakapura Main Road,
Next to Gokulam Apartment, Bangalore - 560 062.



Pranayama Shibira

12 NOVEMBER
8:45 AM

Mr. Ramesh
YRC Coordinator

DR. RAMAMURTHY V S
PRINCIPAL, CEC,
BANGALORE-62

Venue:
CEC,
CSE Seminar Hall

Ramamurthy
Principal
City Engineering College,
Bangalore-560 062

Dr. Ramamurthy V S

Principal



CITY
ENGINEERING COLLEGE

Academic Year 2020-21

Report

On

Pranayama Shibir

12/11/2020



CITY
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Report on Pranayama Shibira

Pranayama Shibira for Faculty

Youth Red Cross Wing of the college organized Health Awareness Programme on “Pranayam” for the faculty on 12th Nov 2020 from 8.45 am to 9.15 am in CSE Seminar Hall. Pranayam was taught by Mr. Ashok Basutkar, yoga trainer. Art of Living.

All the faculty members participated in the camp actively. It helps in improving the level of concentration and also to overcome health issues. Benefits of Pranayama was briefly explained by the Guest. Program was concluded with vote of thanks.



Fig 1: Pranayama Shibira

Ramamurthy
Principal
City Engineering College,
Bangalore-560 081

Dr. Ramamurthy V S

Principal



Attendance Pranayama Shibira for Faculty 2020-21

DATE: 12/11/2020

Sl. No	NAME	SIGNATURE
1.	Dr Thippeswamy H N	
2.	Mr Guruprasad N	
3.	Mr. B. Ramesh	
4.	Mrs. Tejaswini B N	
5.	Mr. Gopikishan J	
6.	Mrs. Ambhika P. R	
7.	Mrs. Archana Bhat	
8.	Dr. Sowmya Naik P. T.	
9.	Mr. Nandish A. C.	
10.	Mr. G. A. Girish	
11.	Mrs. Laxmi M. C.	
12.	Mrs. Nagashree G	
13.	Mr. Mallikarjuna G. S.	
14.	Dr. S Karunakara	
15.	Dr. P. Rajshekar	
16.	Mrs. Sunitha N	
17.	Dr. Jyothi P	
18.	Mr. K Sathish Hande	
19.	Shruti Naik	
20.	Mrs. Shylaja K.	



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Ref. No: CEC/IQAC/C7/ACY2020-21/OR/03

Date: 17.12.2020

CIRCULAR

Subject: Online Induction and Orientation.

This is to inform you all the students, teaching and non-teaching staff that '**Online Induction and Orientation**' program will be organized from 21.12.2020 to 26.12.2020 from 11:00 A.M - 1:30 P.M in the online mode.

All are cordially invited

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



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NAAC ACCREDITED

*Doddakallasandra, off Kanakapura Main Road,
Bangalore-61*

With pride and joy we invite you to join us
for the special day of

**INAUGURATION & ORIENTATION PROGRAMME
FOR FIRST YEAR B.E CLASSES 2020-21**

Presided by

Dr. K. R. PARAMAHAMSA
Chairman, AMC - CITY Institutions.

On Monday, 21st December 2020 @ 11:00 A.M
(Online mode)
<https://youtu.be/5oDK-Ey2hA8>

Principal & Staff

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



CITY
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Academic Year 2020-21

Report

On

Online Induction and Orientation Program

Date – 21/12/2020 to 26/12/2020



REPORT ON ONLINE INDUCTION AND ORIENTATION

DECEMBER 2020-21

The online Induction and orientation program for first semester students, admitted to B.E in the academic year 2021-22 was conducted between 21st-26th of December 2021 from 11:00 am to 1:30 pm in online mode. The induction and orientation program was conducted as per the guidelines prescribed by the VTU based on AICTE model curriculum. The main objectives of Induction and orientation program being to have an awareness on academic terminologies that are VT Regulations. Semester System. Credit System, Assessment Methods CIE and SEE. Familiarization of college/Department/ Library/Branch, Proficiency Modules, Covid-19 and SOP to be followed, Yoga and Meditation- Health Tips. Extracurricular and Co-Curricular Activities, Creative Activity, A brief note on orientation details is as follows.

DAY - 1 Monday 21-12-2020

Time- 11:00 AM - 1:30PM

The online Induction Program was inaugurated by the honorable chairman Dr. K. R. Paramahansa and Principal Dr. V. S. Rama Murthy. The program was initiated after invocation and lighting the lamp event. The Principal Dr. V. S. Rama Murthy and all the head of the departments joined this event. Later on, the principal addressed the newly admitted students and their parents by welcoming them to this on fine mode of induction and orientation program. After this event, honorable chairman of City group of institutions Dr. K R Paramahansa addressed the students and parents on this online platform by thanking them for taking admission in City Engineering College and by wishing them good luck in their academic endeavor, later on some of our senior students studying in City Engineering College shared their views about the college giving their valuable opinion. Two of our VT rank holders also shared their experiences and their memorable stay in the college. Later on, Dr. P. Rajasekhar HOD. Dept of Chemistry introduced all the head of the departments and the other supporting teaching and non-teaching staff of the college during this event. A video on science exhibition of first year students known as Battle of Science of previous year was shown. The program was concluded by vote of thanks and by giving all the instructions to the students about the details of the online orientation program that is going to commence from the next day onwards.



DAY - 2 Tuesday 22-12-2020

Time- 11:00 AM - 11:30PM

During the online orientation program Principal Dr. V.S. Rama Murthy made aware to all the students the importance of induction and orientation program, about college and the B.E program, and placement opportunities Principal presented about the VTU rules and regulations to all the students admitted to the 1st year in the online mode. Principal made the students aware of their role in the college. He also explained about importance of this orientation Program and how it is going to help them out in various ways during their stay over here for four years. He also made them aware of guidelines and rules of VTU/AICTE Statutory bodies. Principal Dr. V. S. Rama Murthy also explained about the various committees and their role and how these committees would be able to help them out.

Time -11:30 AM-12:20PM

During this time familiarization of all the departments with a presentation and video of all the departments and the various labs and their activities and achievements was explained by all the head of the departments CS. EC ME CIV. Later on, alumni secretary and members addressed the students about their role in the college on this online platform.

Time-12:30 PM-1:30PM

The CBCS Choice Based Credit System was explained by Dr. P. Rajashekar HOD, Dept of chemistry to all the students. The examination system CIE Continuous Internal Evaluation and SEE Semester End Examination division of marks, calculation of grades, percentages vertical progression etc. related academics was clearly made aware by a power point presentation. He also explained about mentoring system, in this session the students' doubts were attended and answered accordingly.

DAY -3 Wednesday 23-12-2020

Time- 11:00 AM - 11:30AM

During this orientation program Dr. Sowmya, professor, department of computer science briefly explained about the new branch Artificial Intelligence and Machine Learning and its importance in the near future. A presentation by a Video of Physics Lab, Chemistry Lab and Library and the facilities was shown. Later on, sports and games, the achievements and the facilities available was presented by Prof. Ravindra, sports officer.



Time -11:30 AM-12.20PM

During this session, Proficiency Module — The Computer Familiarity was discussed. Prof. Vivek Vardhan, head department of computer science. He presented a detailed awareness on this Proficiency Module that would help students to overcome the lacunas in computer familiarity and how to attend and take interest in the new technologies the opportunities ahead.

Time- 12:20 AM-12:50PM

A presentation on awareness on Covid-19 and SOP to be followed and how to take care in this present pandemic was presented by Prof. N Sunitha, Department of Chemistry. A small video on the precautions that are being observed at the college was shown during this session.

Time -12:50 PM-1:30PM

In this session a video lecture on Holistic development and The Role of Education was organized under the topic Universal Human Values.

DAY -4 Thursday 24-12-2020

Time- 11:00 AM-11:10AM

During this slot Mr. Sathish Hande, Administrative Officer briefly explained about the college infrastructure, college location, bank, transportation, canteen and other essential facilities that are available.

Time. 11:10 AM-12:10PM

A lecture on health tips and awareness was presented by Dr. N. Muralidhara professor and HOD from Sri Sri Ayurvedic College, Later on Health. Awareness Program was followed by Yoga and Meditation by the same team from Sri Sri Ayurvedic college, He explained about the benefits of Yoga and Meditation to all the students and now it can help them out in managing stress related problems and also some small relates exercises were shown.

Time: - 12:10 AM-1:30PM

In this session Extracurricular and co-curricular activities were organized Dr. Shalini and Prof. Ambika from EC and CS departments respectively. It was an interactive session; Students were asked to share their pictures or videos of their talents in various fields in on line mode in advance. There was very good response from the students. Students posted some of the works done by them in drawing, painting, sketching and some other related works of art and craft etc. A video of the all the student's talents was prepared the link was shared with students.



DAY - 5 Saturday 26-12-2020

Time- 11:00 AM-11:50AM

Creative Activity was presented by Mr. Mahesh Kumar M.C. the mimicry artist known as golden voice. Under creative arts, he explained about the various creative arts, that one can adopt that can relax the mind and to identify their talents in them. He briefly explained about Voice Control and how to imitate any one's voice and the technique, All the students were involved in this session and they actively participated.

Time—11:55 AM-12:50PM

During this session Dr. Prakash Principal of AMC College presented a lecture on Universal Human Values. The presentation was to help and develop a holistic perspective of life. He also made a presentation on goal setting, Self discipline. Fear & crisis Management, Short term goals, long term goals. He advised our students that discipline is life time activity and he also explained the methods of self-discipline.

Time: 12:55 AM-1:30PM

Concluding the Induction Program and Feedback was organized. This was taken care by Dr. V. S. Ramamurthy. Principal and staff of Basic Science Department. The orientation Program was concluded by conveying vote of thanks to one and all. Feedback forms about the program were shared to all students by Google forms. The feedback analysis was done on a scale of 10 for each question.



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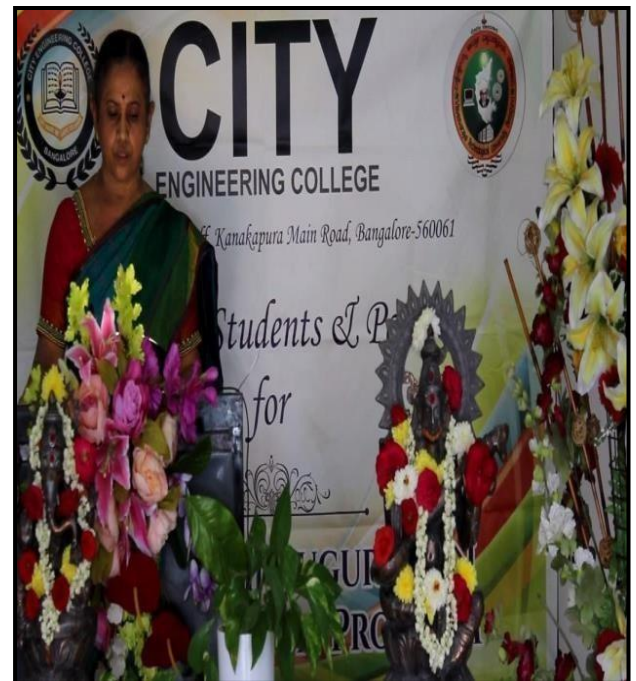


Fig 1: Glimpses of Online Induction and Orientation Program



**Attendance List of Students for
“Online Induction and Orientation” - 2020-21**

Sl.No	NAME	DEPARTMENT
1	ABDUL FAHEEM	AIML
2	HAJIRA AHMED	AIML
3	KEDAR JOSHI	AIML
4	KOKILA K R	AIML
5	RITHIK MARIAN S	AIML
6	SHARON ZIPPORAH SEBASTIAN	AIML
7	SHARONA SAM	AIML
8	SUHAS GAJANANA	AIML
9	SYEDA ALIYAH BAKSHI	AIML
10	THYAGRAJ	CIVIL
11	ABHAY	CSE
12	ABHINAV KUMAR SINGH	CSE
13	ABHISHEK VATS	CSE
14	ADARSH MISHRA S	CSE
15	ADITHI B	CSE
16	AFNAN AHMED	CSE
17	AISHWARYA	CSE
18	AJAY ANUPAM	CSE
19	AMIR ANJUM	CSE
20	AMULYA Y R	CSE
21	ANAND M	CSE



Sl.No	NAME	DEPARTMENT
22	ANANYA B C	CSE
23	ANANYA BHAGAVAN	CSE
24	ANURADHA SHARMA	CSE
25	ANUSHREE B S	CSE
26	ARAVIND V	CSE
27	ASTHA	CSE
28	B DHANALAKSHMI BAI	CSE
29	BENITTA HATHSIYAL X	CSE
30	BHAGYASHREE	CSE
31	BHARGAVI N PRAKASH	CSE
32	CHANDANA G	CSE
33	CHITANYA C	CSE
34	DANIYA KHANUM	CSE
35	DEEKSHA R GOWDA	CSE
36	DEEPAK KUMAR R	CSE
37	DEEPASHREE N	CSE
38	DEEPTHI S	CSE
39	DHANUSH KUMAR D	CSE
40	DIVYASHREE S	CSE
41	DR MOHAN KUMAR	CSE
42	FOUZIA I	CSE
43	GANESH	CSE
44	GIRIJA NARAYAN HEGDE	CSE
45	GOWTHAM S V	CSE
46	HALEEMA SULTANA	CSE
47	IRAM SHAIKH	CSE



Sl.No	NAME	DEPARTMENT
48	JUDAH A	CSE
49	JYOTHI JR SAHANI	CSE
50	K G DHANYA JOGI	CSE
51	KASIBA AFFRIEN	CSE
52	KAUSHIK M R	CSE
53	KEERTHANA L	CSE
54	KRUPASHREE G	CSE
55	KUMARASWAMY P	CSE
56	LIKITHA R	CSE
57	M R ADHITHI	CSE
58	MANASA P	CSE
59	MOHAMMED MOIN KADRI	CSE
60	MOHAMMED TAUHEED PASHA	CSE
61	MONIKA G	CSE
62	N ARSHIYA ALMAS	CSE
63	NAMRATA PALAKI	CSE
64	NAVEEN KV	CSE
65	NIMMI SAGAR	CSE
66	OMKAR KUNDANGAR	CSE
67	POOJA S	CSE
68	PRANAM K R	CSE
69	PULKIT YADAV	CSE
70	PUSHKAR	CSE
71	R A RAAJESH	CSE
72	RAVI KUMAR	CSE
73	RAVIPRAKASHA	CSE



Sl.No	NAME	DEPARTMENT
74	SAGAR N	CSE
75	SAMANA R	CSE
76	SAMIR YOUSUFF KHAN	CSE
77	SARASWATI SURESH SADARAGOND	CSE
78	SHOBA H N	CSE
79	SNEHA S	CSE
80	SONAM VISHWAKRAM	CSE
81	SPOORTHI M G	CSE
82	SUBHENDU SAGAR	CSE
83	SUBRAMANI M	CSE
84	SULAIMAN KHAN	CSE
85	SWATI SATEESHKUMAR KUDRAGI	CSE
86	SYED HOUZAIFA	CSE
87	SYED NAWAZ	CSE
88	TARIQ ANJUM	CSE
89	TARUN V	CSE
90	TEJAS B R	CSE
91	TEJAS J KUMAR	CSE
92	UMME HANI M A	CSE
93	V MANOJ KUMAR	CSE
94	VAISHNAVI K	CSE
95	VENUGOPAL D	CSE
96	VISHWA V	CSE
97	VIVEK GAUTAM	CSE
98	YARUB BABA	CSE



Sl.No	NAME	DEPARTMEN T
99	YASHASHREE R	CSE
100	YASHASWINI R P	CSE
101	SUJAY V	CSE
102	BHANU CHANDAN K B	ECE
103	KEERTHI A	ECE
104	SUKRUTH S R	ECE
105	AAYUSHA KUMARI	ISE
106	AMISHA RASHMINATH	ISE
107	LIKHITH R J	ISE
108	SUHAS B	MECH
109	ABHILASH A SUVAN	MECH



CITY
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Ref. No: CEC/IQAC/C7/ACY2020-21/OR/04

Date: 18/02/2021

CIRCULAR

Subject: Health Check-up.

This is to inform you all the students, teaching and non-teaching staffs that **Health Check-up**, will be held in our college campus on 22nd February 2021 in association with **ROTARY CLUB KANAKAPURA road and BANGALORE MEDICAL SERVICE TRUST (BMST)** from 9:30 AM onwards.

Dr. Jyothi P

Coordinator

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



CITY
ENGINEERING COLLEGE



CITY ENGINEERING COLLEGE

**Doddakallasandra, Off Kanakapura Main Road,
Next to Gokulam Apartment, Bangalore - 560 062.**



Health Check-Up

Better health is the focus upon which your life's success is based. If you stay unwell, you will never be able to advance in life.



**Venue:
CEC Admin Block
On 22/02/2021
@ 10am**

**Coordinator : Dr. Jyothi P
HOD, Mathematics
CEC- Bangalore-62**

**DR. RAMAMURTHY V S
PRINCIPAL, CEC,
BANGALORE-62**

Ramamurthy

Principal
City Engineering College,
Bangalore-560 062

Dr. Ramamurthy V S

Principal



CITY
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Report
On
HEALTH CHECKUP CAMP
Date – 22/02/2021



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REPORT ON HEALTH CHECKUP

Health checkup for Women play a crucial role in promoting overall health and wellbeing in communities. The General health checkup camp was conducted on **22nd February 2021** at **CITY ENGINEERING COLLEGE**. These camps are organized with the aim of providing preventive healthcare services to a large number of Women in a cost-effective and efficient manner.

NSS of City Engineering College, Bengaluru, organized Blood donation camp in our college campus on **22nd February 2021** in association with **ROTARY CLUB KANAKAPURA** road and **BANGALORE MEDICAL SERVICE TRUST (BMST)**.



FIG 1: Health check-up for teaching and non-teaching staffs

Ramamurthy V S
Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



Attendance Health check-up for Students 2020-21

DATE: 22/02/2021

Sl. No	NAME	SIGNATURE
1.	POOJA SHREE A	Pooja
2.	LIKHITH R J	Likhith
3.	JYOTHI SHREE S R	Jyothi
4.	AAYUSHA KUMARI	Aayusha
5.	AMISHA RASHMINATH	amishar
6.	TANUSHREE C	Tanushree
7.	ZAIBA BEGUM	Zaiba
8.	KOKILA K R	Kokila
9.	ASTHA	Astha
10.	B DHANALAKSHMI BAI	Dhana
11.	BHAGYASHREE	Bhagya
12.	DIVYASHREE S	Divyashree
13.	FOUZIA I	Fouzia?
14.	KEERTHANAL	Keerthana
15.	MANASA P	Manasa



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Ref. No: CEC/IQAC/C7/ACY2020-21/OR/05

Date: 03/05/2021

CIRCULAR

Subject: Seminar on Holistic Human Health.

Dear Students and Faculty, we are delighted to inform you that a seminar on "**Holistic Human Health**" will be conducted by **Mr. Mahesh** on the 5th of May 2021 at 2pm. This seminar is designed to provide comprehensive insights into maintaining overall well-being through a holistic approach.

Ramamurthy
Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



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Doddakallasandra, Off Kanakapura Main Road,
Next to Gokulam Apartment, Bangalore - 560 062.

HOLISTIC HUMAN HEALTH



**Chief Guest
Mr. Mahesh**

**Principal
Dr. Ramamurthy V S**

**Venue:
CSE Seminar Hall
On 05/05/2021
@ 2 p m**



CITY
ENGINEERING COLLEGE

Report
On
Holistic Human Health
Date: 05/05/21



Report On Holistic Human Health

The seminar aimed to educate students and faculty on the importance of holistic health and wellness, emphasizing the interconnectedness of the mind, body, and spirit. On **May 05, 2021** CITY ENGINEERING College hosted a seminar on Holistic Human Health at CSE Seminar Hall, presented by **Mr. Mahesh**.

Objective:

The objective of the seminar was to introduce participants to the principles of holistic health and to provide practical tips for integrating holistic practices into their daily lives.

Mr. Mahesh, an expert in holistic health, began the seminar by explaining the concept of holistic health. He discussed how physical, mental, and spiritual well-being are interconnected and how imbalances in one area can affect overall health.

Mr. Mahesh outlined the key principles of holistic health, including the importance of natural therapies, balanced nutrition, regular physical activity, and mental well-being.

He emphasized the importance of the mind-body connection, explaining how stress and emotions can impact physical health. He introduced simple mindfulness and meditation techniques to help manage stress and improve mental clarity.

Mr. Mahesh provided an overview of natural remedies and the role of nutrition in maintaining health. He shared tips on incorporating whole foods, herbs, and natural supplements into daily diets to boost overall well-being.

Outcomes:

The Holistic Human Health seminar by Mr. Mahesh was an informative and inspiring event. It successfully raised awareness about the importance of a holistic approach to health and provided attendees with valuable tools to improve their well-being. The positive response from the participants highlights the need for more such events in the future.



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Fig 1: Seminar on Holistic Human Health by Mr. Mahesh

Ramamurthy

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



Attendance List of Students
Holistic Human Health 2020-21

DATE: 05/05/2021

Sl. No	USN	NAME	SIGNATURE
1	ICE19CS040	JYOTHISHREE S R	Jyothi
2	ICE19CS033	HARISH BABU K P	Harish
3	ICE19CS034	HARSHITH G R	Harshitha
4	ICE19CS035	HEMANTH V	Hemant
5	ICE19CS022	CHETAN S	Chetan
6	ICE19CS031	FOZAIL AHMED	Fozail
7	ICE20IS001	AAYUSHA KUMARI	Ak
8	ICE20IS002	AMISHA RASHMINATH	Amish
9	ICE20IS003	LIKHITH R J	Likith
10	ICE20ME401	MANJUNATH N	Manju
11	ICE20ME402	RAVIKUMAR B	Ravi
12	ICE17CV009	FAISAL MANZOOR NAIKOO	Faisal
13	ICE17CV028	SANGAMESH	Sange
14	ICE18CV003	HITHESH U K	Hithesh
15	ICE18CS085	SURAJ S	Suraj
16	ICE17CS085	POOJA SHREEA	Pooja
17	ICE17CS086	PRAJWAL V	Prajwal
18	ICE17EC066	SYED SAMEER PASHA S B	Syed
19	ICE17EC067	TANUSHREE C	Tanus
20	ICE17EC070	TOUSIF PASHA	Tousif
21	ICE15ME037	PRAJWAL Y S	Prajwal
22	ICE16ME402	BHANUPRAKASH B J	Bhanu
23	ICE17EC059	SHAYAN A M	Shayan
24	ICE17EC070	TOUSIF PASHA	Tousif
25	ICE17ME028	SANDEEP S	Sandeep



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Sl. No	USN	NAME	SIGNATURE
26	ICE16EC016	JEEVAN S	<i>Jeevan</i>
27	ICE16EC029	NAVEEN G	<i>Naveen</i>
28	ICE16ME409	KIRAN E	<i>Kiran</i>
29	ICE16ME434	VINAY KUMAR H S	<i>Vinay</i>
31	ICE17CS150	ZAIBA BEGUM	<i>Zaiba</i>
32	ICE17EC021	DARSHANARAO	<i>Darshan</i>
33	ICE17EC004	AJAY M R	<i>Ajay</i>
34	ICE17CS093	RAHUL KARMAKAR	<i>Rahul</i>



Feedback Form On
Holistic Human Health

Please provide us with your feedback by completing this questionnaire.

1. How often do you engage in activities that promote physical health (e.g., exercise, healthy eating)?
 - a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very Often

2. How often do you engage in activities that promote emotional health (e.g., therapy, journaling, social connections)?
 - a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very Often

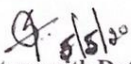
3. How well do you feel your current lifestyle supports your holistic health?
 - a. Not at all
 - b. Slightly well
 - c. Moderately well
 - d. Very well
 - e. Extremely well

4. What steps can be taken to improve holistic health in your community or workplace? (Select all that apply)
 - a. Health and wellness programs
 - b. Access to mental health resources
 - c. Encouraging work-life balance
 - d. Creating supportive environments
 - e. Others (please specify): _____

Any additional comments you wish to share?

Name: Syed Samir Pasha SB

USN: 1CE17EC066


Signature with Date



Feedback Form On
Holistic Human Health

Please provide us with your feedback by completing this questionnaire.

1. How often do you engage in activities that promote physical health (e.g., exercise, healthy eating)?
 - a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very Often

2. How often do you engage in activities that promote emotional health (e.g., therapy, journaling, social connections)?
 - a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very Often

3. How well do you feel your current lifestyle supports your holistic health?
 - a. Not at all
 - b. Slightly well
 - c. Moderately well
 - d. Very well
 - e. Extremely well

4. What steps can be taken to improve holistic health in your community or workplace? (Select all that apply)
 - a. Health and wellness programs
 - b. Access to mental health resources
 - c. Encouraging work-life balance
 - d. Creating supportive environments
 - e. Others (please specify): _____

Any additional comments you wish to share?

Name: Poojashree A
USN: 1CE17CS085

Pooja
Signature with Date



Feedback Form On
Holistic Human Health

Please provide us with your feedback by completing this questionnaire.

1. How often do you engage in activities that promote physical health (e.g., exercise, healthy eating)?
 - a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very Often

2. How often do you engage in activities that promote emotional health (e.g., therapy, journaling, social connections)?
 - a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very Often

3. How well do you feel your current lifestyle supports your holistic health?
 - a. Not at all
 - b. Slightly well
 - c. Moderately well
 - d. Very well
 - e. Extremely well

4. What steps can be taken to improve holistic health in your community or workplace? (Select all that apply)
 - a. Health and wellness programs
 - b. Access to mental health resources
 - c. Encouraging work-life balance
 - d. Creating supportive environments
 - e. Others (please specify): _____

Any additional comments you wish to share?

Name: TANUSHREE C

USN: 1CR17EC010

Tanus
Signature with Date



CITY
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Ref. No: CEC/IQAC/C7/ACY2020-21/OR/06

Date: 25/05/2021

CIRCULAR

Subject: Regarding Yoga Activity for Women.

This is to inform you all the students, teaching and non-teaching staff that **Yoga Activity for Women** will be held in our college campus on 28th May 2021 in association with **Women Empowerment Cell** from 9:30 AM onwards.

Dr. Jyothi P

Coordinator

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



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CITY ENGINEERING COLLEGE

**DODDAKALLASANDRA, OFF KANAKAPURA MAIN ROAD,
NEXT TO GOKULAM APARTMENT, BANGALORE - 560 062.**

28th May 2021
@9:30am



**ACTIVITY FOR
WOMEN**

**Coordinator
Dr. Jyothi P**

**Venue:
CEC Admin Block,
Auditorium**

**Principal
Dr. Ramamurthy V S**



CITY
ENGINEERING COLLEGE

Report

On

**YOGA ACTIVITY FOR
WOMEN**

Date – 28/05/2021



YOGA ACTIVITY FOR WOMEN

Yoga is a mental, physical and spiritual practice that needs to be carried every day. Yoga has been conducted under guidance of Mr. Rangaswamy, Physical director. Session has been conducted for women on **May 28th 2021** with COVID-19 Rules and Regulation given by the State Government. A lecture on health tips and awareness was presented by Mr. Rangaswamy. Later on, Health Awareness Programme was followed by Yoga and Meditation. He explained about the benefits of Yoga and Meditation and how it can help the students in managing stress related problems and also taught them many exercises. All the students participated very actively.



Fig 1: Yoga Activity for Women

Ramamurthy

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



Attendance List of Students
YOGA ACTIVITY FOR WOMEN 2020-21

DATE: 28/05/

Sl. No	USN	NAME	SIGNATURE
1	ICE19CS040	JYOTHISHREE S R	Jyothi
2	ICE17CS150	ZAIBA BEGUM	Zaibabegum
3	ICE20IS001	AAYUSHA KUMARI	Aayusha Kumari
4	ICE20IS002	AMISHA RASHMINATH	Amisha
5	ICE17EC059	SHAYAN A M	Shayan
6	ICE17CS085	POOJA SHREEA	Pooja
7	ICE17EC067	TANUSHREE C	Tanushree
8	ICE17EC059	SHAYAN A M	Shayan
9	ICE20CS084	VAISHNAVI K	Vaish
10	ICE20CS089	YASHASHREE R	Yash
11	ICE20EC002	KEERTHI A	Keerthi
12	ICE19CV004	VEENA G	Veena
13	ICE19CV001	APOORVA C	Apoorva
14	ICE19CS008	ANANYA BHOMBORE	Ananya
15	ICE19CS015	BHAVANA S	Bhavana
16	ICE19CS019	CHANDANA D Y	Chandana
17	ICE19CS020	CHANDINI R P	Chandini
18	ICE19CS041	KAVANA B	Kavani B
19	ICE19CS047	MANASA R	Manasa
20	ICE19CS054	MONIKA J	Monika
21	ICE19CS069	RAKSHITHA C R	Rakshitha
22	ICE19CS080	SHALINI R	Shalini R
23	ICE19CS088	SRUSTI K G	Srusti
24	ICE19CS098	VIDYA D	Vedya D



CITY
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Ref.No: CEC/IQAC/C7/ACY2020-21/OR/07

Date: 02/06/2021

CIRCULAR

Subject: World Environmental Day.

Dear All, we are pleased to announce that we will be celebrating World Environmental Day on **05/06/2021** at CITY ENGINEERING COLLEGE. This day is dedicated to raising awareness about environmental issues and encouraging positive action to protect our planet.

Principal
City Engineering College,
Bangalore-560 081

Dr. Ramamurthy V S

Principal



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Doddakallasandra, Off Kanakapura Main Road,
Next to Gokulam Apartment, Bangalore - 560 062.



WORLD ENVIRONMENT DAY

5 T H J U N E

*"Take care of the environment the same
as you take care of your life."*

YRC Coordinator
Mr. Ramesh

Principal
Dr. Ramamurthy V S

Ramamurthy

Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S

Principal



CITY
ENGINEERING COLLEGE

Report
On
World Environmental Day
Date – 05/06/2021



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ENGINEERING COLLEGE

YOUTH RED CROSS WING ACTIVITIES: 2020-21

World environmental day was celebrated by YRC unit in association with NSS wing on 5th June 2021. Dr. Sowmya Naik P T and Mrs. Laxmi M C planted saplings in the campus in view of Environmental day. To keep the campus green activity is initiated by Youth Red Cross Unit. YRC Programme Officer B. Ramesh thanked all members present during the plantation.



Fig 1: Highlights of World Environmental Day

Ramamurthy
Principal
City Engineering College,
Bangalore-560 061

Dr. Ramamurthy V S
Principal



Attendance List of Students
World Environmental Day 2020-21

DATE: 05/06/2021

Sl. No	USN	NAME	SIGNATURE
1	ICE19CS040	JYOTHISHREE S R	Jyothi
2	ICE19CS033	HARISH BABU K P	H.B.K.P.
3	ICE19CS034	HARSHITH G R	Harshitha
4	ICE19CS035	HEMANTH V	Hemant
5	ICE19CS022	CHETAN S	Chetan
6	ICE19CS031	FOZAIL AHMED	Fozail
7	ICE20IS001	AAYUSHA KUMARI	Ak
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9	ICE20IS003	LIKHITH R J	Likith
10	ICE20ME401	MANJUNATH N	Manjunath
11	ICE20ME402	RAVIKUMAR B	Ravi
12	ICE17CV009	FAISAL MANZOOR NAIKOO	Faisal
13	ICE17CV028	SANGAMESH	Sangamesh
14	ICE18CV003	HITHESH U K	Hithesh
15	ICE18CS085	SURAJ S	Suraj
16	ICE17CS085	POOJA SHREEA	Pooja
17	ICE17CS086	PRAJWAL V	Prajwal
18	ICE17EC066	SYED SAMEER PASHA S B	Syed
19	ICE17EC067	TANUSHREE C	Tanu
20	ICE17EC070	TOUSIF PASHA	Tousif
21	ICE15ME037	PRAJWAL Y S	Prajwal
22	ICE16ME402	BHANUPRAKASH B J	Bhanu
23	ICE17EC059	SHAYAN A M	Shayan
24	ICE17EC070	TOUSIF PASHA	Tousif
25	ICE17ME028	SANDEEP S	Sandeep



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26	ICE16EC016	JEEVAN S	<i>Jeevan</i>
27	ICE16EC029	NAVEEN G	<i>Naveen</i>
28	ICE16ME409	KIRAN E	<i>Kiran</i>
29	ICE16ME434	VINAY KUMAR H S	<i>Vinay</i>
31	ICE17CS150	ZAIBA BEGUM	<i>Zaiba</i>
32	ICE17EC021	DARSHANARAO	<i>Darshan</i>
33	ICE17EC004	AJAY M R	<i>Ajay</i>
34	ICE17CS093	RAHUL KARMAKAR	<i>Rahul</i>